



It's time to Talk Money
Do one thing to work on your money fitness
It doesn't have to be big. Make it happen.

Follow these easy steps

- Make sure you are getting all the support you're entitled to
- Don't spend more than you need to on your bills
- Know where to get more help if you need it

**Join us for hints, tips, advice, support
at our free online events.**

Making the most of your money

- Monday 11 November 1pm - 2pm

Find out about Pension Credit and how to claim

- Tuesday 12 November 1pm-2pm

Save energy & money

- Wednesday 13 November 1pm - 2pm

To find out more and to join the TEAMS events

For more information visit:
livewellyork.co.uk/talkmoney



York Talk Money is about getting us all to talk about money and letting people know about the support available and where to get help online and across the city.

